

5 SOUTHERN UPLAND WAY

The Southern Upland Way is Scotland's coast-to-coast route. It covers 214 miles, from Portpatrick in the southwest to Cockburnspath in the east, and is easily divided into sections depending on ability and time. At 13km Sanquhar to Wanlockhead is the shortest section of the route, and shows off the beautiful scenery in and around the Lowther Hills. Note that if you want to walk to Portpatrick from Sanquhar, it will take about three days!

10-minute walk from Sanquhar station 5-minute cycle



6 KNOCKSHINNOCH LAGOONS

Just outside New Cumnock, this former mining site has been transformed into a nature reserve managed by the Scottish Wildlife Trust. A key habitat for migrating birds like the pink-footed goose, its mixture of woods and marshland attracts water voles and dingy skipper butterflies, and is home to rare plants such as kidney vetch and moonwort that are especially important for invertebrate life.

20-minute walk from New Cumnock station 5-minute cycle

3 WANLOCKHEAD

At 405 metres above sea level, Wanlockhead is Scotland's highest village (with Scotland's highest pub and highest railway too) and is just a short bus ride from Sanquhar. Robert Burns wrote *Pegasus* at Wanlockhead while visiting the village in the winter of 1789/90, about how he couldn't persuade the local farrier to attend horses which were slipping on the ice. If the weather's nice, walk back to Sanquhar along the Southern Upland Way.

25-minute bus ride from Sanquhar 1h 30min cycle



4 MUSEUM OF LEAD MINING

Step back in time on a guided tour of the old lead mines and see how miners and their families lived in Wanlockhead from the 19th to early 20th centuries. Wanlockhead is also home to the only remaining original water-powered beam engine in the UK, which interestingly required no fuel: the engine operated using the water it was pumping out. Make sure to check in advance - museum closes during winter.

25-minute bus ride from Sanquhar 1h 30min cycle

1 SANQUHAR TOLBOOTH MUSEUM

One of most striking buildings in Sanquhar, the Tolbooth, was designed by William Adams and built between 1731-1735. Records suggest stone was taken from the nearby castle to be used in its construction. Museum exhibits explore local heritage, including the Sanquhar knitting tradition and the history of coalmining. You can even experience the life of a prisoner at Sanquhar jail!

5-minute walk from Sanquhar station 5-minute cycle



2 CRAWICK MULTIVERSE

Set within the rolling hills of Upper Nithsdale, Crawick Multiverse is an artland based on space, astronomy and cosmology. The site was created by Charles Jencks on a former opencast mine, using boulders and rocks to form incredible structures such as the Sun Amphitheatre, which can hold 5,000 spectators and now hosts an annual programme of arts and music events.

25-minute walk from Sanquhar station 10-minute cycle



The GSA Biosphere Partnership supports sustainable business and tourism. Look out for our Proud Supporter and Biosphere Certification Mark logos as you explore.



FOR FURTHER INFORMATION OR TO CONTACT OUR TEAM, EMAIL INFO@GSABIOSPHERE.ORG.UK

FOR NEWS AND OPPORTUNITIES TO GET INVOLVED, VISIT WWW.GSABIOSPHERE.ORG.UK

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GALLOWAY AND SOUTHERN AYRSHIRE BIOSPHERE LOW CARBON DAYS OUT



SANQUHAR & WANLOCKHEAD

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SANQUHAR & WANLOCKHEAD

Low Carbon Days Out allow you to explore the Biosphere in a sustainable way. They spotlight some of our best outdoor activities, cultural attractions, and nature-watching sites, all of which are accessible by train, bus or bike from the Biosphere's main transport hubs.

Galloway and Southern Ayrshire was designated a UNESCO Biosphere in 2012. Internationally recognised as a world class environment for people and nature, the Biosphere covers more than 9,700 km² of southwest Scotland, following the rivers that flow out of the Galloway Hills through forests and farmland, villages and towns, all the way to a ruggedly scenic coast. It is a place for adventure, discovery and inspiration, where we work together to support wildlife, build stronger communities, and find sustainable ways to live.

The Galloway & Southern Ayrshire Biosphere Partnership is proud to share our ideas for Low Carbon Days Out - find us on social media using #gsabiosphere.



For up-to-date timetables for buses and trains, visit: www.scotrail.co.uk and www.stagecoachbus.com



Scan the QR code to access this leaflet on your mobile phone and for information on Low Carbon Days Out and bookable Biosphere Experiences right across the UNESCO region.



7 DUMFRIES HOUSE

Note: not in Dumfries! Owned by the The King's Foundation, Dumfries House is one of Britain's finest eighteenth-century stately homes, with a unique collection of period furniture, including examples of Thomas Chippendale's work. The estate has beautiful formal gardens and miles of forest trails to explore, and is just a short cycle or bus ride from Auchinleck station.

25-minute walk from Auchinleck Station 15-minute cycle



8 BARONY A-FRAME

The Barony A-Frame stands in memory of the coalmining industry that once dominated East Ayrshire, and the miners who worked in often perilous conditions. The interpretation at this accessible outdoor site is a must-see for anyone interested in social history.

25-minute walk from Dumfries House 10-minute cycle